# activism and the second second

April

Arlington Heights • Forest Park • Goose Hollow • Hillside • Linnton • NINA • Northwest Heights •

NWDA • Pearl District Old Town Chinatown Deputy Director Development Coordinator
Anne Dufay Mary-Rain O'Meara

- Portland Downtown
- Sylvan-Highlands

Neighbors West-Northwest Serving 12 westside neighborhood associations

2257 NW Raleigh, Portland, OR 97210 503.823.4288 • 503.223.5308 (fax) www.nwnw.org • coalition@nwnw.org

Executive Director Community Outreach mark@nwnw.org

Hanna Craig hanna@nwnw.org

Specialist Angela Southwick angela@nwnw.org

mary-rain@nwnw.org **Electronic Communications Specialist** 

**Crime Prevention Program Coordinators** William Warren wwarren@ci.portland.or.u: Michael Boyer el.boyer@ci.portland.or.u

**Neighborhood Cleanup** 

Coodinator
Alison Wallisch

Tired Faces Board Meeting -- A Volunteer Ponders Intention and Capacity

by Lynnette Fusilier, Pearl District 🗞 Neighborhood Association Board Member

I can't seem to shake the memory of our last board meeting.

The faces around the table were heavily lined and tired. The vacant eyes and distracted glances signaled minds busy elsewhere. Searching these faces, I

couldn't help think of the tremendous pressures each of my colleagues is under.

A beloved spouse with cancer. Divorce. New family, home and job. Economic challenges and god knows what else.

These aren't people with time to kill. They have full lives and schedules that consistently threaten to bubble over, yet there they sat.

A flood of newfound inspiration drowned my initial pangs of sadness. My personal commitment to be a better board member was instantly rekindled. Thank you. It feels good to be inspired.

However, we're on the brink of losing committed volunteers because we're unwittingly swapping inspiration with fatigue. Reliable volunteers are routinely

asked to expend even more time and energy, whether attending meetings or working on projects. What we were initially inspired to do and give is simply no longer enough. We have to do more. More is inherently exhausting and it often results in doing and achieving less. Is this really what we want?

I propose a simple exercise. Write down why you became a volunteer. Revisit the passion that got you involved in the first place. Have your volunteer duties exceeded the scope of your passion? If so, you are in danger of burnout. It's time for a thoughtful adjustment.

more...more... and still more from the same volunteers. That dog won't hunt, as they say. The "just get it done" mentality doesn't fan the fire of volunteerism. It snuffs it out. We talk about recruiting volunteers, but there is no plan of action outside of our wistful conversations.

No high horse or soapbox. I'm guilty of tapping the existing volunteer pool myself. But my question has changed from "how can I get them to do more?" to "who else might have a passion for the

Do you have a passion? If you live or work in the Pearl District visit www. pearldistrict.org and find out where you can put it to work in our community. If you are a member of another of As leaders, we just can't expect our Coalition neighborhoods refer to the contact information on page 3 of this newsletter. Your involvement, no matter what your commitment, will be inspirational and appreciated.

Need language, childcare, transportation or accessibility assistance to participate in your Neighborhood Association? Contact Neighbors West-Northwest to find out about available resources: coalition@nwnw.org, 503.823.4288.



# **Forest Park**

Joint meeting with Skyline Ridge Neighbors

Tuesday, May 20, 7:00 - 8:45 PM. Note venue: Brooks Hill Historic Church , Corner Skyline Blvd. and Brooks Road. (across from Skyline School)

The Agenda will include a Multnomah County Land Use Planning presentation on the Urban and Rural Reserves planning process. In 40 to 50 years will we see either eventual urban growth, or continuing rural uses?

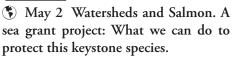
The process is just beginning - come to see how you can make your voice heard during the next 18 months.

There will also be a Forest Park Fire Management Plan update including plan progress and activities

## Linnton

### **Movie Night**

Free movies Free popcorn



§ May 9 A Convenient Truth. A community's environment-friendly and cost-effective positive changes.

May 16 Who Killed the Electric Award winning movie about GM's EV-a's swift rise to stardom and sudden demise.

**%** May 23 Extreme Oil. The oil industry's destruction of environment and people.

(\$) May 30 Wilderness Values. America's wilderness, do we value it enough?

Novies every Fri. at 7:30 (time change) at Linnton Community Center 107th and St Helens Rd. Please attend and expand your knowledge

# Annual Elections

Neighbors are invited to come out for the Linnton Neighborhood Association's annual election. Join us at the Linnton Community Center, 10614 NW St Helen's Road, on Wednesday, May 7, 2008 for a potluck at 6:30 and elections to follow.

Nominations for the board include: Officers --

President: Mike Aspros Vice President: John Shaw Treasurer: Dan Dishongh Secretary: Pat Wagner Board of Directors: Ross Folberg

Nominations remain open and will be taken from the floor at the May annual meeting. For more information contact Pat Wagner at pat@linnton.com or Anne Dufay, 503.823.4214, anne@ nwnw.org.

# NWDA Annual Meeting **Elections**

Monday, May 5, 6:00 to 8:00 pm, Legacy Good Samaratin, Wistar Morris Room, 1015 NW 22nd

#### Make a Difference & Vote for your Neighborhood in the Northwest District Association Annual Election

Twelve candidates will vie for eight open seats on the NWDA Board of Directors and one candiate has declared for President. Plan to attend this meeting and hear each candidate's vision. You must be a member to vote -- membership

NWDA is a non-profit volunteer community organizations dedicated to making our neighborhood a better

Declared Candidates:

For President: Juliet Hyams.

For Director: Brian Greg Aldrich, Dan Anderson, Kim Carlson, Bud Clark, Noel Johnson, Sharon Kelly, Michael Marino, Stephen Metzler, Steve Pinger, Scott Seibert, Elliot Trommald, & Ron Walters

To vote you must have registered to be a member of NWDA by 5:00 pm, Wednesday, April 30, 2008. Residents, property owners, or representatives of a business or non-profit organization are eligible for membership in NWDA.

Absentee ballots are available at Neighbors West-Northwest, 2257 NW Raleigh, 97210 from 9 am to 4 pm weekdays from April 28th through May 5th. Proxies are not allowed. To vote absentee you must have registered by April 30th, 2008.

For more information contact Mark Sieber at NWNW at 503-823-4212 or mark@nwnw.org

Hillside Neighborhood Association

Many Hillside neighbors are concerned about cut-through commuter traffic using NW Westover as an alternative to NW Cornell. A Hillside neighbor recently petitioned the Portland

Department of Transportation (PDOT) for a solution.

PDOT is studying this issue and will come back with its conclusions. One option being considered is a no right turn onto NW Westover during the morning rush hour.



To weigh in on issue, come the Hillside to Neighborhood Association meeting May 13, 2008, 7:30 PM at the Hillside Community Center. A PDOT representative be there to listen to neighbors' concerns.

### Northwest Industrial Neighborhood Association Annual Meeting & Elections

Please join us for a lively presentation on workforce issues facing all of ur businesses.

Wednesday, May 21, 2008 7:30 am - 9:00 am \$25.00 for program and breakfast Montgomery Park Banquet Room 2701 NW Vaughn Portland, OR 97210 RSVP by May 14, 2008 to angela@nwnw.org or (503) 823-4211

Neighborhood columns are the opinions of the authors and do not nessesarily reflect the opinions of Neighbors West-Northwest

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Arlington Heights • Forest Park • Goose Hollow • Hillside • Linnton • NINA •

Old Town Chinatown Anne Dufay anne@nwnw.org
 Portland Downtown Deputy Director Anne Dufay anne@nwnw.org

Development Coordinator Mary-Rain O'Meara mary-rain@nwnw.org

- Portland Downtown
- Sylvan-Highlands

Northwest Heights • NWDA • Pearl District

Executive Director Community Outreach
Mark Sieber Specialist Specialist Angela Southwick angela@nwnw.org mark@nwnw.org

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**Crime Prevention** William Warren ren@ci.portland.or.u Michael Boyer michael.boyer@ci.portland.or.



Over 100 volunteers celebrated Earth Day by cleaning the roadsides of Forest Park, Sylvan-Highlands, and Linnton on Saturdays, April 19th and 26th. Thanks to all of our volunteers. Shown above are some volunteers from the Forest Park Clean Up. Photo by Claire Stock.

### **Envision Your** Downtown

What: Neighborhood Mixer When: May 19, 6:00p.m -7:30p.m Where: PSU, Smith Memorial Student Union, Room 101

Portland Downtown Neighborhood Association (PDNA) invites you to share your ideas about what Downtown could be like. Get to know your neighbors and share your ideas with other downtown workers, students, business owners, and residents at this casual event. PDNA is looking forward to interacting with individuals from new, diverse groups.

This initial conversation will provide the neighborhood input and knowledge needed to truely work for the neighbors. PDNA is a completely volunteer organization and members work on a variety of livability issues in Downtown, including land use, crime prevention & public safety, parks & greenspaces, transportation, homelessness, historic preservation, and affordable housing.

With public and private developers investing more than \$1.5 billion between 2007 and 2009 in the core downtown area, now is a also a great time volunteer for the board or become a member. Membership is free.

Upcoming board elections were moved to June 23rd, 7:00PM, the First Congregational Church, 1126 SW Park. Board and volunteer positions available.

Please contact the neighborhood coalition office for more information: angela@nwnw.org, 503.823.4211.

#### **Changes in Portland's Recycling Program**

Between May and July all residents currently using recycling bins will receive two new roll carts—blue for paper, plastics and metal recycling materials, green for yard debris. You'll be able to recycle some additional plastics at the curb: yogurt-type tubs, plastic buckets and rigid plant pots. Glass recycling must still use a separate bin. You may keep the remaining bins or your hauler will provide pick-up or drop-off locations.

Your hauler will inform you four weeks prior to the new roll cart delivery with a notice on your garbage container. Roll carts will arrive with everything you need: a refrigerator magnet, glass-only sticker and instructional labels on both cart lids. Questions? Call your hauler or the City of Portland 503-823-7202 or visit www.portlandonline.com/OSD/carts.



#### Neighborhood **Website Trainings** Available in May!

Interested in helping out with your neighborhood's website? Come to a web training session and learn the tools for keeping your neighborhood association's website up-to-date. Becoming involved with your neighborhood's website is a great way to learn more about your neighborhood, understand the basic concepts of web design, and enhance your resume.

Neighbors West-Northwest will continue holding web training sessions in the month of May. Training sessions will guide you through the specific tools for maintaining and revising your neighborhood's website, and provide you with a basic foundation in web design.

Schedule your training today! Contact Electronic Communication Specialist, Hanna Craig, hanna@nwnw. org, or leave a voicemail at 503.823.4288

#### Hillside Neighborhood Bulky Waste Clean Up!

Join the neighborhood for a clean-up on May 17th from 10:00 AM – 2:00 PM in front of the Hillside Community Center on NW Culpepper. There will be a dumpster for unusable goods.

nonprofit Community Warehouse will be collecting small, reusable household items (no clothes) such as kitchen utensils, linens, clocks, pots and pans, and small appliances to donate to lowincome families. Larger items such as couches, tables, and mattresses will not be accepted, for a pickup call 503.329.5588.

The Technology Conservation Group will also be accepting electronics such as computers, keyboards, monitors, televisions, phones, and batteries. A small fee will be required to offset disposal costs. volunteer, call 503.823.4265.

#### **Polish the Pearl!**



Polish the Pearl is the hip place to be seen on Saturday May, 10 2008. From 9:00 AM – 2:00 PM it's cool to wear bright orange vests and carry a sack of trash. Volunteers will meet at Peet's Coffee (1114 NW Couch) at 8:30 AM to get a burst

of energy necessary to lug heavy trash bags. It's also a great way to devise a plan of attack. Gather supplies from the hearty lode and set off with a map in hand to make the Pearl sparkle. We'll start at Burnside and work our way through the North Pearl and clean the area bounded by I-405 and Broadway. Bridgeport Brewpub will host volunteer appreciation and an event recap. Why don't you give it a whirl and Polish the Pearl?

Additional sponsors include: Pearl District Neighborhood & Business Associations, Legacy Health Systems, Neighbors West Northwest, Bridgeport Brewpub, Peet's Coffee and Tea, and Neighborhood Notes.

#### Many thanks to the NWNW **Coalition's Clean-Up Sponsors**

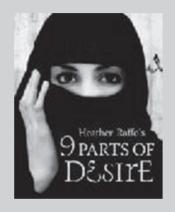






**Neighbors West-Northwest Coalition** of Neighborhoods Annual Fundraiser

Support Neighborhood Involvement with an evening of Quality Theater!



#### Thursday, May 8th

A special benefit performance of Heather Raffo's "9 Parts of Desire"

Reception at 6:30 PM featuring light food by Pasha's, ales by Rogue, wine, and a silent auction.

Reception 6:30 PM

Doors 7:30 PM

CoHo Theatre 2257 NW Raleigh

All proceeds benefit the free community services of

Tickets \$50 503.823.4288 Ext 6 www.nwnw.org

Neighbors West-Northwest.





# activist Community Calendar

#### **Arlington Heights Neighborhood Association**

Join the Arlington Yahoo Group. Just send a blank email to: AHNAdiscussion-subscribe@ yahoogroups.com. Thank you!

**BOARD MEETING** Monday, May 12th 5:30 p.m. Sylvan Fire Station 1713 SW Skyline Blvd Questions? Call: 503 823-4211



#### **Forest Park Neighborhood Association**

Contact: Jim Emerson 503-283-4096

**Neighborhood Meeting** Tuesday, May 20th 7:00 p.m. **Brooks Hill Historic** Church Skyline Blvd & Brooks Road, across from Skyline School

*Neighbors are invited attend!* 

#### **Goose Hollow Foothills League**

Contact: NWNW 503 823-4211 For electronic notices of meetings, events, minutes & agendas, email angela@nwnw.org

# NEIGHBORHOOD MEETING

Thursday, May 15th 7:00 p.m.

**First United Methodist Church** 1835 SW Jefferson

Planning and Zoning **Committee** Thursday, May 8th 7:00 p.m. **First United Methodist** Church

1835 SW Jefferson

#### Hillside **Neighborhood Association**

Contact: NWNW 503 823-4212 www.hillsidena.org

**BOARD MEETING** Tuesday, May 13th

7:30 p.m. **Hillside Community Center** 653 NW Culpepper Drive

Neighborhood Clean Up Saturday, May 17th 10:00 a.m. - 2:00 p.m. On NW Culpepper in front of Hillside Community Center (See Article)

#### **Linnton Neighborhood** Association

Contact: Ross Folberg http://www.linnton.com

Meetings held 1st Wednesdays of odd-numbered months

Linnton Neighborhood, Continued...

#### **TOWN MEETING & ELECTIONS** Wednesday, May 7th

7:00 p.m. Potluck at 6:30 p.m. **Linnton Community** Center

10614 NW St. Helen's Rd.

#### **Northwest District Association**

Contact: Juliet Hyams 503 823-4212

www.northwestdistrictassociation.org

**ANNUAL MEETING & ELECTIONS** Monday, May 5th, 6:00 p.m. **Legacy Good Samaritan Wistar Morris Room** 1015 NW 22nd Avenue

#### **BOARD MEETING:**

Monday, May 19th, 6:00 p.m. **Chapman Auditorium** 1445 NW 26th Avenue

**Monthly Litter Patrol** Saturday, May 10th 9:00 - 10:30 a.m. **Meet at Food Front Coop** 2375 NW Thurman

**Executive Committee** call to confirm date & time **NWNW Office** 2257 NW Raleigh

**Planning Committee** Thursdays, May 1st, 8th, 15th, 22nd, & 29th, 8:00 a.m. Call to Confirm 503 823-4212

<u>Transportation Committee</u> Wednesday, May 7th

NW Library, 2300 NW Thurman **Health & Environment** Committee Monday, May 12th, 7:00 p.m. 2217 NW Johnson

Public Safety & Livability Committee

Thursday, May 8th 10:00 a.m. & 6:00 p.m. **World Cup Coffee** 1740 NW Glison



#### **Northwest Heights** Neighborhood **Association**

Contact: Charlie Clark 503 459-3610 NWNW at 503 823-4212

Contact us for more information about your neighborhood!



#### **Northwest Industrial Neighborhood Association**

Contact: NWNW at 503 823-4212 www.ninapdx.org

**ANNUAL MEETING & ELECTIONS** Tuesday, May 13th

7:30 a.m. La Quinta Inn & Suites 4319 NW Yeon.



#### **Old Town Chinatown Neighborhood Association**

www.oldtownchinatown.net

**GENERAL MEETING** Tuesday, May 6th 4:30 p.m. Port of Portland Building **1st Floor Conference Room** 121 NW Everett

Joint Land Use Committee Tuesday, May 6th 3:30 p.m. **Central City Concern** 232 NW 6th

Public Safety Committee Wednesday, May 7th 11:30 a.m. **Central City Concern** 232 NW 6th

Arts, Culture and History Committee Tuesday, May 20th 11:30 a.m. **Oregon Nikkei Legacy Center** 121 NW 2nd Avenue

Communications Committee Tuesday, May 27th 5:30 p.m. Voleur Restaurant & Kitchen 111 SW Ash

**Business Association** Thursday, May 15th 11:30 a.m. **Central City Concern** 232 NW 6th



#### **Pearl District Neighborhood Association**

Contact: Joan Pendergast 503 226-0612

**BOARD MEETING** Thursday, May 8th

6:00 p.m. Pacific NW College of Art 1241 **NW Johnson** 

Communications Committee Tuesday, May 27th 6:00 p.m. **Umpqua Bank** 1139 NW Lovejoy

**Polish the Pearl** Saturday, May 10th 8:30 a.m. - 1:00 p.m. **Meet at Peet's Coffee** 1114 NW Couch

**Planning Committee** Tuesdays, May 6th & 20th 6:00 p.m. Pacific NW College of Art

**Livability Committee** Thursday, May 15th 6:00 p.m. **Umpqua Bank** 1139 NW Lovejoy

**Transportation Committee** Thursday, May 8th 4:00 p.m. Ecotrust, 721 NW Ninth Ave, 3rd Floor Conference Room

#### **Portland Downtown Neighborhood Association**

Contact: Steve Trujillo 971 230-0030

**VISIONING MIXER** Monday, May 19th 6:00 p.m. Portland State University, **Smith Memorial Student** Union, Room 101 1825 SW Broadway

(See Previous Article)

There may be a short board meeting before or after the event.

Land Use & Transportation **Committee** Monday, May 12th 5:30 p.m. **Elliot Tower Meeting Room** 

1221 SW 10th Ave.

**Communications Committee** Thursday, May 22nd 6:30 - 7:30 p.m. Starbuck's in VUE Apartments 1717 SW Park Ave



#### Sylvan-Highlands Neighborhood **Association**

For transportation related issues, contact: Dave Malcolm malcolmdave@comcast.net 503 805-9587

**BOARD MEETING** Tuesday, May 13th 7:00 pm - 8:30 pm 🕜

Sylvan Firehouse 1713 SW Skyline Blvd

#### Neighbors West-**Northwest Coalition**

**BOARD MEETING** Wednesday, May 14th 5:30 p.m. **NW** Library 2300 NW Thurman St.

**Annual Benefit** Thursday, May 8th See preceding article.

#### **Nob Hill** Business **Association**

Contact: Kay Wolfe 503 227-0898 X1 Kay.Wolfe@HomeStreet.com

GENERAL MEETING Wednesday, May 21st 8:30 - 9:30 a.m. Holiday Inn Express 2333 NW Vaughn

