

neighborhood activist

April 2008

Arlington Heights •
Forest Park • Goose
Hollow • Hillside •
Linnton • NINA •
Northwest Heights •
NWDA • Pearl District
• Old Town Chinatown
• Portland Downtown
• Sylvan-Highlands

Neighbors West-Northwest
Serving 12 westside neighborhood associations
2257 NW Raleigh, Portland, OR 97210
503.823.4288 • 503.223.5308 (fax)
www.nwnw.org • coalition@nwnw.org

Executive Director Mark Sieber mark@nwnw.org	Community Outreach Specialist Angela Southwick angela@nwnw.org	Neighborhood Cleanup Coordinator Alison Wallisch alison@nwnw.org
Deputy Director Anne Dufay anne@nwnw.org	Development Coordinator Mary-Rain O'Meara mary-rain@nwnw.org	Crime Prevention Program Coordinators William Warren wwarren@ci.portland.or.us
Electronic Communications Specialist Hanna Craig hanna@nwnw.org		Michael Boyer michael.boyer@ci.portland.or.us

Tired Faces at a Board Meeting -- A Volunteer Ponders Intention and Capacity

by Lynnette Fusilier, Pearl District Neighborhood Association Board Member



I can't seem to shake the memory of our last board meeting. The faces around the table were heavily lined and tired. The vacant eyes and distracted glances signaled minds busy elsewhere. Searching these faces, I

couldn't help think of the tremendous pressures each of my colleagues is under. A beloved spouse with cancer. Divorce. New family, home and job. Economic challenges and *god knows what else*. These aren't people with time to kill. They have full lives and schedules that consistently threaten to bubble over, yet *there they sat*.

A flood of newfound inspiration drowned my initial pangs of sadness. My personal commitment to be a better board member was instantly rekindled. Thank you. It feels good to be inspired.

However, we're on the brink of losing committed volunteers because we're unwittingly swapping inspiration with fatigue. Reliable volunteers are routinely

asked to expend even more time and energy, whether attending meetings or working on projects. What we were initially inspired to do and give is simply no longer enough. We have to do *more*. More is inherently exhausting and it often results in doing and achieving less. Is this really what we want?

I propose a simple exercise. Write down why you became a volunteer. Revisit the passion that got you involved in the first place. Have your volunteer duties exceeded the scope of your passion? If so, you are in danger of burnout. It's time for a thoughtful adjustment.

As leaders, we just can't expect *more...more... and still more* from the same volunteers. That dog won't hunt, as they say. The "just get it done" mentality

doesn't fan the fire of volunteerism. It snuffs it out. We talk about recruiting volunteers, but there is no plan of action outside of our wistful conversations.

No high horse or soapbox. I'm guilty of tapping the existing volunteer pool myself. But my question has changed from "how can I get them to do more?" to "who else might have a passion for the work?"

Do you have a passion? If you live or work in the Pearl District visit www.pearldistrict.org and find out where you can put it to work in our community. If you are a member of another of our Coalition neighborhoods refer to the contact information on page 3 of this newsletter. Your involvement, no matter what your commitment, will be inspirational and appreciated.

Need language, childcare, transportation or accessibility assistance to participate in your Neighborhood Association? Contact Neighbors West-Northwest to find out about available resources: coalition@nwnw.org, 503.823.4288.



Forest Park

Joint meeting with Skyline Ridge Neighbors

Tuesday, May 20, 7:00 - 8:45 PM. Note venue: Brooks Hill Historic Church, Corner Skyline Blvd. and Brooks Road. (across from Skyline School)

The Agenda will include a Multnomah County Land Use Planning presentation on the Urban and Rural Reserves planning process. In 40 to 50 years will we see either eventual urban growth, or continuing rural uses?

The process is just beginning - come to see how you can make your voice heard during the next 18 months.

There will also be a Forest Park Fire Management Plan update including plan progress and activities



Movie Night

Free movies Free popcorn

May 2 Watersheds and Salmon. A sea grant project: What we can do to protect this keystone species.

May 9 A Convenient Truth. A community's environment-friendly and cost-effective positive changes.

May 16 Who Killed the Electric Car? Award winning movie about GM's EV-a's swift rise to stardom and sudden demise.

May 23 Extreme Oil. The oil industry's destruction of environment and people.

May 30 Wilderness Values. America's wilderness, do we value it enough?

Movies every Fri. at 7:30 (time change) at Linnton Community Center 107th and St Helens Rd. Please attend and expand your knowledge

Linnton

Annual Election

Neighbors are invited to come out for the Linnton Neighborhood Association's annual election. Join us at the Linnton Community Center, 10614 NW St Helen's Road, on Wednesday, May 7, 2008 for a potluck at 6:30 and elections to follow.

Nominations for the board include:

Officers --
President: Mike Aspros
Vice President: John Shaw
Treasurer: Dan Dishongh
Secretary: Pat Wagner
Board of Directors: Ross Folberg

Nominations remain open and will be taken from the floor at the May annual meeting. For more information contact Pat Wagner at pat@linnton.com or Anne Dufay, 503.823.4214, anne@nwnw.org.

NWDA Annual Meeting & Elections



Monday, May 5, 6:00 to 8:00 pm, Legacy Good Samaritan, Wistar Morris Room, 1015 NW 22nd Ave.

Make a Difference & Vote for your Neighborhood in the Northwest District Association Annual Election

Twelve candidates will vie for eight open seats on the NWDA Board of Directors and one candidate has declared for President. Plan to attend this meeting and hear each candidate's vision. You must be a member to vote -- membership is free.

NWDA is a non-profit volunteer community organizations dedicated to making our neighborhood a better place.

Declared Candidates:

For President: Juliet Hyams.

For Director: Brian Greg Aldrich, Dan Anderson, Kim Carlson, Bud Clark, Noel Johnson, Sharon Kelly, Michael Marino, Stephen Metzler, Steve Pinger, Scott Seibert, Elliot Trommald, & Ron Walters

To vote you must have registered to be a member of NWDA by 5:00 pm, Wednesday, April 30, 2008. Residents, property owners, or representatives of a business or non-profit organization are eligible for membership in NWDA.

Absentee ballots are available at Neighbors West-Northwest, 2257 NW Raleigh, 97210 from 9 am to 4 pm weekdays from April 28th through May 5th. Proxies are not allowed. To vote absentee you must have registered by April 30th, 2008.

For more information contact Mark Sieber at NWNW at 503-823-4212 or mark@nwnw.org




Hillside Neighborhood Association

Many Hillside neighbors are concerned about cut-through commuter traffic using NW Westover as an alternative to NW Cornell. A Hillside neighbor recently petitioned the Portland Department of Transportation (PDOT) for a solution.

PDOT is studying this issue and will come back with its conclusions. One option being considered is a no right turn onto NW Westover during the morning rush hour.



To weigh in on this issue, come to the Hillside Neighborhood Association meeting May 13, 2008, 7:30 PM at the Hillside Community Center. A PDOT representative be there to listen to neighbors' concerns.



Northwest Industrial Neighborhood Association Annual Meeting & Elections

Please join us for a lively presentation on workforce issues facing all of ur businesses.

Wednesday, May 21, 2008
7:30 am - 9:00 am
\$25.00 for program and breakfast
Montgomery Park Banquet Room
2701 NW Vaughn
Portland, OR 97210
RSVP by May 14, 2008
to angela@nwnw.org
or (503) 823-4211

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Over 100 volunteers celebrated Earth Day by cleaning the roadsides of Forest Park, Sylvan-Highlands, and Linnton on Saturdays, April 19th and 26th. Thanks to all of our volunteers. Shown above are some volunteers from the Forest Park Clean Up. Photo by Claire Stock.

Envision Your Downtown

What: Neighborhood Mixer
When: May 19, 6:00p.m -7:30p.m
Where: PSU, Smith Memorial Student Union, Room 101

Portland Downtown Neighborhood Association (PDNA) invites you to share your ideas about what Downtown could be like. Get to know your neighbors and share your ideas with other downtown workers, students, business owners, and residents at this casual event. PDNA is looking forward to interacting with individuals from new, diverse groups.

This initial conversation will provide the neighborhood input and knowledge needed to truly work for the neighbors. PDNA is a completely volunteer organization and members work on a variety of livability issues in Downtown, including land use, crime prevention & public safety, parks & greenspaces, transportation, homelessness, historic preservation, and affordable housing.

With public and private developers investing more than \$1.5 billion between 2007 and 2009 in the core downtown area, now is also a great time to volunteer for the board or become a member. Membership is free.

Upcoming board elections were moved to June 23rd, 7:00PM, the First Congregational Church, 1126 SW Park. Board and volunteer positions available.

Please contact the neighborhood coalition office for more information: angela@nwnw.org, 503.823.4211.

Changes in Portland's Recycling Program

Between May and July all residents currently using recycling bins will receive two new roll carts—blue for paper, plastics and metal recycling materials, green for yard debris. You'll be able to recycle some additional plastics at the curb: yogurt-type tubs, plastic buckets and rigid plant pots. Glass recycling must still use a separate bin. You may keep the remaining bins or your hauler will provide pick-up or drop-off locations.

Your hauler will inform you four weeks prior to the new roll cart delivery with a notice on your garbage container. Roll carts will arrive with everything you need: a refrigerator magnet, glass-only sticker and instructional labels on both cart lids. Questions? Call your hauler or the City of Portland 503-823-7202 or visit www.portlandonline.com/OSD/carts.

Neighborhood Website Trainings Available in May!

Interested in helping out with your neighborhood's website? Come to a web training session and learn the tools for keeping your neighborhood association's website up-to-date. Becoming involved with your neighborhood's website is a great way to learn more about your neighborhood, understand the basic concepts of web design, and enhance your resume.

Neighbors West-Northwest will continue holding web training sessions in the month of May. Training sessions will guide you through the specific tools for maintaining and revising your neighborhood's website, and provide you with a basic foundation in web design.

Schedule your training today! Contact Electronic Communication Specialist, Hanna Craig, hanna@nwnw.org, or leave a voicemail at 503.823.4288 ext. 8.

Hillside Neighborhood Bulky Waste Clean Up!

Join the neighborhood for a clean-up on May 17th from 10:00 AM – 2:00 PM in front of the Hillside Community Center on NW Culpepper. There will be a dumpster for unusable goods. The nonprofit Community Warehouse will be collecting small, reusable household items (no clothes) such as kitchen utensils, linens, clocks, pots and pans, and small appliances to donate to low-income families. Larger items such as couches, tables, and mattresses will not be accepted, for a pickup call 503.329.5588. The Technology Conservation Group will also be accepting electronics such as old computers, keyboards, monitors, televisions, phones, and batteries. A small fee will be required to offset disposal costs. To volunteer, call 503.823.4265.



Polish the Pearl!



Polish the Pearl is the hip place to be seen on Saturday May, 10 2008. From 9:00 AM – 2:00 PM it's cool to wear bright orange vests and carry a sack of trash. Volunteers will meet at Peet's Coffee (1114 NW Couch) at 8:30 AM to get a burst of energy necessary to lug heavy trash bags. It's also a great way to devise a plan of attack. Gather supplies from the hearty lode and set off with a map in hand to make the Pearl sparkle. We'll start at Burnside and work our way through the North Pearl and clean the area bounded by I-405 and Broadway. Bridgeport Brewpub will host volunteer appreciation and an event recap. Why don't you give it a whirl and Polish the Pearl?

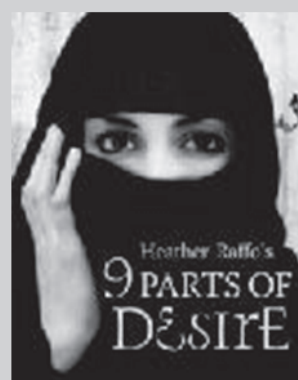
Additional sponsors include: Pearl District Neighborhood & Business Associations, Legacy Health Systems, Neighbors West Northwest, Bridgeport Brewpub, Peet's Coffee and Tea, and Neighborhood Notes.

Many thanks to the NWNW Coalition's Clean-Up Sponsors



Neighbors West-Northwest Coalition of Neighborhoods Annual Fundraiser

Support Neighborhood Involvement with an evening of Quality Theater!



Thursday, May 8th

A special benefit performance of Heather Raffo's "9 Parts of Desire"
Reception at 6:30 PM featuring light food by Pasha's, ales by Rogue, wine, and a silent auction.

Reception 6:30 PM

CoHo Theatre

Doors 7:30 PM

2257 NW Raleigh

All proceeds benefit the free community services of Neighbors West-Northwest.

Tickets \$50 503.823.4288 Ext 6 www.nwnw.org



